



PROGRAM SUMMARY – MAS 401

Program Description:

MAS 401 has been designed as a program that creates a segue between high school and employment. The program offers four components: 1) Wilderness Advanced First Aid course - a 40-hour course, the industry standard to work for any outdoor service organization that offers programs outside urban centres; 2) three days of training; 3) a Mountain Camp experience consisting of a 5-day river trip offering three Paddle Canada Skills certificates; and 4) a 2-week work experience opportunity. The WFAA is mandatory to participate in training, Mountain Camp, and work experience. The Mountain Camp is an optional component of the program. The work experience component (also optional) offers credits and valuable experience for any individual wishing to work in the outdoor field. Completion of the full program offers 6 CTS credits plus 3 work experience credits.

Please note that due to COVID, the number of staff and volunteers we can have working on any program is limited. This will impact the number of students we can accept in the work experience program. The work experience component is therefore offered by application and interview only. The work will consist of assisting with the delivery of our MAS 101 and 201 In-City and Mountain Camp programs.

Offered Jointly by: HeLa Ventures and Progressive Academy

Location: HeLa Ventures Field School, located 24 km west of Rocky Mountain House

Dates: **Option 1: July 5 – 9, 2021**
 Option 2: July 5 – 16, 2021

Two options for MAS 401 have been created for the summer of 2021:

Option 1: provides students with the opportunity to participate in the Wilderness Advanced First Aid course, plus one day of general course work review and program training.

Option 2: provides MAS graduates with the opportunity to participate in the Wilderness Advanced First Aid course, plus 3 days of program specific training, and the Mountain Camp, a 5-day river trip experience.

Work Experience component: The work experience component is only available to MAS graduates. It is available to students who have completed either of the options above. Students must commit to two weeks of work experience over the summer. The two weeks

do not have to be simultaneous. The work experience option only applies to students who have not yet entered post secondary schooling. The opportunity to participate in the work experience option is by application and interview only. **Limited spots are available. If you are interested in this option, please apply early.**

Transportation: You are responsible for your own transportation to and from camp. Shuttles for the river trip will be arranged.

HeLa Staff: Kiera Madsen, Keo Ohler, Lana Madsen, additional guides and support staff.

Progressive Academy Teachers: Henry Madsen, Brett Pawlyk

Emergency Contact Information: Camp Phone: (403) 845-4325;
Lana's Cell (780) 932-4820; Henry's Cell (780) 951-7926

Email: mas@progressiveacademy.ca

Fee:

The fee structure below provides opportunities for students to take the program options with or without the work experience component. For those wishing to complete the programs with work experience, the fee is only available by application and interview. Please contact mas@progressiveacademy.ca for further information.

All fees include meals, accommodations (tents or individual cabins) *, course materials, group equipment, guiding, and instruction. Option 2 provides an additional 3 Paddle Canada skills courses.

*During the "in-city programs" work experience component, meals and accommodations are the student's responsibility. Students will not be asked to work in city programs if they do not have accommodation options in that city.

OPTION 1: Wafa plus one day program specific training -

- **With Work Experience: \$350.00 (For MAS graduates)**
Requires 2 weeks work experience. The fee includes Wafa course, plus one day course review and program training.
- **Without Work Experience: \$695.00**
The fee includes the Wafa course plus one day online CTS course review.

OPTION 2: Wafa plus 3 days training, and the Mountain Camp (5-day river trip)

- **With Work Experience: \$1,175.00**
- **Without Work Experience: \$1,675.00**

The registration deadline for this course is April 1, 2021.

Please note: For past MAS graduates who have maintained their Paddle Alberta Membership, a bursary is available to assist with funding of this course. Please contact mas@progressiveacademy.ca for more information.

MAS 401 Mountain Camp (Option 2) Program Description

PREREQUISITES: MAS 301; Current Standard First Aid and CPR Certificate

GOAL: The goal of the full MAS 401 program is to provide participants with a transition from formal training to employment in the Outdoor Education/Adventure field. MAS 401 is the final course in Mountain Adventure School series and provides participants with an Advanced Wilderness First Aid certification, 3 Paddle Canada Skills courses through a Mountain Camp experience, program specific training and an opportunity to work with seasoned guides in the field. Please see the MAS 401 Course Summary for a description of all courses offered in MAS 401 online.

Brief Overview of Activities:

Day 1-4: Advanced Wilderness First Aid (certification included)
Day 5: Debrief, onsite training and application of HSS 1010 and HCS 3000 concepts
Day 6: Outdoor Leadership, navigation, trip planning
Day 7: River trip packing and preparation
Day 8 – 12: River trip - Nordegg – Rocky (includes 3 Paddle Canada Skills courses)
Day 12 Arrive at take out, clean up, debrief, and depart (5:00 PM from HeLa)

Curriculum Covered and Credits:

1. HSS 1010: Health Services Foundations (1 credit)
2. HCS 3000: Workplace safety systems (1 credit)
3. HCS 3020: First Responder 1 (1 credit)
4. WLD 3910: Paddle Canada Camping Basics Skills
5. WLD 3920: Paddle Canada Moving Water Skills
6. WLD 3130: Outdoor Leadership (1 credit)
7. WLD 3950: Advanced Practicum: Paddle Canada Wilderness Camping Skills (a 3-day course)
8. Work Experience: (3 credits)

Online courses: Please refer to the Course Work Summary document located online for a description of the courses. Two online courses must be completed to participate in MAS 401. These include HSS 1010 and HCS 3000. An additional online component must also be completed for WLD 3130 prior to the attendance of the program. The remainder of WLD 3130 will be finalized during the Mountain Camp. The courses must be completed by June 20, 2021.

Equipment: All group equipment will be supplied by HeLa Ventures. Students will be provided with a full list for personal equipment to bring. Individual tents will be supplied for the river trip. All COVID policies will be followed.

Teaching Staff: The program will be taught by certified Alberta teachers and certified Raven Rescue Medical Instructors. Experts in the field will assist with delivery of outdoor pursuits' programs.

Safety Policies: All programs are delivered with safety as the first priority and are led by highly trained and certified guides. A copy of our safety policies may be provided upon request. Please contact mas@progressiveacademy.ca, and we will send a copy electronically. Please feel free to contact our Director, Lana Ohler-Madsen at any time with questions or concerns.

Work Experience Component: For those who chose the combined program, a two week work experience component is required. Please contact mas@progressiveacademy.ca if you are interested in this option. We will get back to you regarding the application process and details regarding this component. Please ensure you have your availability confirmed when you apply for the program. The two weeks that are required will depend on your schedule and availability of work and do not need to be simultaneous. During this component, you will shadow seasoned guides and learn the full operation of an Adventure Education program. The work experience may include assisting with cleaning and packing of equipment, and assisting with program delivery. In order to participate in the work experience program, the student will be required to complete additional work-related forms to ensure coverage by WCB. Criminal record checks will also be required, but we will provide more details regarding this upon acceptance to the program.

Registration, Medical Forms and Assumption of Risk: In order to participate in the program, please complete the online registration form located at <https://mountainadventure.school/register/>. If the student is over 18, the registration and medical forms must be signed by the student. If under 18, the student's parent/guardian are required to sign the registration form. An Assumption of Risk form must also be completed and signed by the student and parent/legal guardian. These will be sent to you upon registration and must be completed and either emailed or mailed to Progressive Academy by April 30, 2021. If there are any medical or dietary issues that we should be aware of in advance, please contact Lana by phone or email (see below).

Thank you for your interest in Mountain Adventure School 401. We know that your experience will be fun and memorable!

Please feel free to contact us at any time for further information.

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