



Mountain Adventure School (MAS) 2022

Preview of Programs

Although we are still living in an uncertain world, MAS is planning another season of learning, living, and loving the outdoors! We are excited to share our preview of programs with both our prospective and returning students, and their families. **Complete program information will be available on our website on January 15, 2022. Program registrations will open February 1, 2022.**

The following provides a preview of the programs MAS is planning to offer for summer 2022. These high school credit programs are offered to students entering grades 10, 11 or 12. MAS 401 will also be available for MAS 301 graduates.

*Note: Changes may occur due to government restrictions and Covid situation at time of camps.

MAS 100 Series

The MAS 100 level offers a variety of program options including CALM 20, In-City Day Camps (MAS 100) and Mountain Camps (MAS 101).

MAS CALM 20

MAS CALM 20 (3 credits) is offered as a fully online, student-paced, stand-alone course that can be completed in conjunction with any of our programs. This course is required for high school graduation.

MAS 100: PHYS. ED. 10 / IN-CITY DAY CAMP

MAS 100 is designed to offer students the opportunity to achieve Physical Education 10 during summer school, through a combination of online work and a 5 day In-City Camp. Students may choose to complete this program independently or in combination with online CALM 20 and the Mountain Camp (MAS 101).

The In-City Day Camp consists of 5 days (approximately 9:00 a.m. - 4:00 p.m.) in which students will achieve the activities in an alternate environment (lake and river canoeing, wilderness living skills, climbing, biking, orienteering), gymnastics and dance components of the Phys. Ed. curriculum.

Credits achieved:

- Phys. Ed. 10 (5 credits, online and 5-day In-City Camp)

MAS 101: MOUNTAIN CAMP

The Mountain Camp is a 5-day program stationed at a campground in the David Thompson Corridor. Students will sleep in tents and participate in hiking, climbing, biking, interpretation, and general camp activities. **Mountain Camps are only available to those who have completed the In-City Day Camps.**

Credits achieved (1 credit each):

- WLD 1100 (Outdoor Cooking Theory)
- WLD 1130 (Outdoor Survival Skills)

Prerequisite:

- MAS 100 (In-City Day Camp)

2022 DATES			
IN-CITY DAY CAMPS			MOUNTAIN CAMPS
Edmonton	Calgary	Rocky Mountain House	Kootenay Plains
100-1: July 4 – 8 100-2: July 11 – 15 100-3: July 18 – 22 100-5: July 25 – 29 100-6: Aug. 1 – 5 100-7: Aug. 8 - 12	100-4: July 18 – 22	100-8: Aug 8 – 12 This program will offer accommodations at camp (HeLa Ventures) for rural students.	MC 101-1: July 11 – 15 MC 101-2: July 18 – 22 MC 101-3: July 25 – 29 MC 101-4: Aug 1 – 5 MC 101-5: Aug 13 - 17 MC 101-6: Aug. 22 – 26

MAS 200 Series

The 200 level offers a variety of program options including In-City Day Camps (MAS 200), Mountain Camps (MAS 201 and MAS 202), or a combined in-city and mountain camp option stationed from our field school location (Rocky Mountain House).

MAS 200: PHYS. ED. 20 or PHYS. ED. 30/ IN-CITY DAY CAMP

MAS 200 provides the opportunity for students to complete Phys. Ed. 20 or 30 during summer school, through a combination of online work and a 5 day In-City Camp. The program also offers one additional CTS credit (WLD 1910). Students may choose to complete this program independently or in combination with the Mountain Camp (MAS 201/202).

The In-City Day Camp consists of 5 days (approximately 9:00 - 4:00) in which students will achieve the activities in an alternate environment (lake and river canoeing, wilderness living skills, climbing, biking, orienteering), gymnastics and dance components of the Phys. Ed. curriculum.

Credits achieved:

- Phys. Ed. 20 or 30 (5 credits, online and 5-day In-City Camp)
- WLD 1910 (1 credit, Paddle Canada Intro Skills Lake OR Waterfront Skills, depending on paddling experience)

MAS 201: MOUNTAIN CAMP

The 201 Mountain Camp is an 8-day program that includes 3 days at HeLa and 5 days at a campground in the David Thompson Corridor. During the camping trip, students will sleep in tents and participate in hiking, climbing, biking, interpretation, and general camp activities. **Mountain Camps are only available to those who have completed the In-City Day Camps.**

The Mountain Camp provides 4 additional CTS credits, 1 of which offers a Standard First Aid certification. This program will move students along the pathway to becoming an Outdoor Leader.

Prerequisite:

- MAS 200

Credits achieved (1 credit each):

- HCS 2020 (Standard First Aid)
- WLD 2130 (Outdoor Excursion)
- HSS 1080 (Leadership Foundations 1)
- WLD 2920 (Safety Systems for Top Rope Climbing)

MAS 202: NEWCOMERS MOUNTAIN CAMP

For those students who are new to MAS, this program provides the opportunity to enter into the MAS stream. Following the MAS 200 In-City Day Camp, students may register in a Mountain Camp. The 202 Mountain Camp is an 8-day program that includes 3 days at HeLa and 5 days at a campground in the David Thompson Corridor. During the camping trip, students will sleep in tents and participate in hiking, climbing, biking, interpretation, and general camp activities.

The Mountain Camp provides 4 additional CTS credits, 1 of which offers a Standard First Aid certification. This program will move students along the pathway to becoming an Outdoor Leader.

Prerequisite:

- MAS 200

8-day Mountain Camp - provides the following CTS credits:

- HCS 2020 (Standard First Aid)
- WLD 1130 (Outdoor Survival Skills)
- HSS 1080 (Leadership Foundations 1)
- WLD 2920 (Safety Systems for Top Rope Climbing)

MAS 201/202 C

If COVID restrictions allow, we will offer one MAS 201/202 delivered completely at camp. This will consist of 13 days: 5 days stationed at HeLa Ventures; and 8 days at Mountain Camp.

Credits achieved:

- Phys. Ed. 20 or Phys. Ed. 30 (5 credits, online plus in-person)
- HCS 2020 (1 credit, Standard First Aid)
- WLD 2130 (1 credit, Outdoor Excursion) OR WLD 1130 (1 credit, Outdoor Survival Skills)

- WLD 1910 (1 credit, Paddle Canada Intro Skills Lake OR Waterfront Skills)
- HSS 1080 (1 credit, Leadership Foundations 1)
- WLD 2910 (1 credit, Safety Systems for Top Rope Climbing)

2022 DATES			
IN-CITY DAY CAMPS (MAS 200)		MOUNTAIN CAMP (MAS 201/202)	MAS 201/202 C
Edmonton	Calgary	Nordegg area	HeLa + Kootenay area
200-1: July 11 – 15	200-2: July 18 – 22	MC 201/202-1: August 6 – 13 MC 201/202-2: Aug 20 - 27	August 15 – 27

MAS 301

MAS 301 is offered only as a 14-day camp. Students will be stationed at HeLa Ventures for 7 days; spend 4 days on an out trip; and 3 days on a river trip. Students will receive 1 Paddle Canada Instructor certification, and 1 Paddle Canada Skills certificate that will move them further along the pathway towards becoming an Outdoor Leader.

Credits achieved:

- Phys. Ed. 30 (5 credits, online and in-person component)
- WLD 2130 (Outdoor Excursion)
- WLD 2920 (Paddle Canada Camping Basics Skills)
- WLD 2950 (Paddle Canada Waterfront Instructor)
- HSS 2080 (Leadership Foundations 2, online and in person)
- HCS 2910 (Wilderness Response to First Aid)

DATES: July 4 – 17

Full details of all of these camps will be available mid-January. Should you have any questions regarding any of the programs outlined, please do not hesitate to contact mas@progressiveacademy.ca.

We look forward to another summer sharing the outdoors with students who are engaged and ready to learn!

Please be ready to register quickly... Programs fill up fast!

The MAS Team

